
JUNE EVENTS WITH CHRISTOPHER MOON

BEST-SELLING AUTHOR AND LIFE COACH

Dates & Details

Evening Seminar

Thursday, June 15
7:30 - 9:30

Centre Yuan Shen,
5337 Boul. Saint-Laurent,
Suite 250
Montreal

Tickets: \$15.00
Or 2 people for \$20.00

Come in for **Free** if you register
for the weekend workshop!

An app is available for
convenient parking. Contact
www.statdemtl.qc.ca

Weekend Workshop

Friday, June 16: 7:00 - 10:00 p.m.
Saturday & Sunday, June 17/18:
10:00 a.m. - 6:00 p.m.

Ottima Wellness Centre
175, boul. des Hauteurs
Saint-Jerome

Tuition: \$275.00
Or \$495.00 for two

You can pay by cash, cheque or
direct transfer to
visionmountain@shaw.ca



The Untethered Relationship

Evening Seminar

There are no adventures or challenges like the ones you experience in your important relationships. There are more unexpected disruptions, surprises, twists, turns, and — sometimes — dead ends, than in any other human endeavour. Amidst all the emotional ups and downs, successes and failures, we often forget to ask ourselves a key question: “What is the actual purpose of this relationship?”

The evening seminar will explore

- The three-legged race to agreement
- The key to real freedom
- Effective Communication without the words
- Embracing True — Unconditional — Happiness
- The difference between adulthood and Emotional Adulthood
- The dynamic principles of an Untethered Relationship

Contact Information

To book your seat, please contact:

Janice Blanke
janicepavrita@icloud.com
819-687-9021

Shelley Matthews
shelley.matthews@cgocable.ca

For a small added fee, you can enjoy gourmet meals at the Ottima Centre. Call Janice before June 7 at 819-687-9021 to arrange for this special treat!

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Why not stay with us and turn your workshop into a retreat? Ottima is offering very reasonable room rates that include breakfast.

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For information on Christopher Moon and his Vision Mountain programs, please visit www.visionmountain.com
Play the free card games and enjoy the blogs!



Living a Life Beyond Belief

Weekend Workshop

A common idea exists that a person must change or improve in order to be happy. But this idea can reinforce the belief that there is something wrong with them or that they are not good enough as they are. These two influences lead to the torment of self-criticism and numerous disappointments in themselves, their lives, and the people around them. If you are on the “self-improvement train”, it will lead you on a never-ending search for what is already within you. This 2-1/2 day event is designed to support you in expanding your awareness of your essential nature that, when experienced consciously, naturally leads to:

- Loving, harmonious relationships
- Effortless success
- Spontaneous joy
- Constant wonder and appreciation
- True freedom

About Christopher: Christopher is an international workshop leader, counsellor, life-coach and author. With thirty years of experience in the field, he has developed a warm, compassionate approach to guiding people through the relationship maze, and has helped countless partners, parents and single individuals experience true happiness in all aspects of their lives.